



Rutland
County Council

Dementia Services in the Community

**Alzheimer's
Society** | Leading the
fight against
dementia

Join us at our Support Groups in Rutland in 2016/2017



If you have dementia or are caring for someone with dementia, come along to your local Support Group. You will be able to meet with other people in a similar situation to you, have a cuppa and a chat and get advice, information and support. We meet in the following locations in Rutland:

Oakham Memory Lane Café
St John & St Anne's Community Room
St John & St Anne's, off Westgate
Oakham, LE15 6AZ

1st Thursday of each month 10am – 11.30am

7th July, 4th August, 1st September, 6th October, 3rd November,
1st December 2016, 5th January, 2nd February, 2nd March, 2017

**Peer Support Group for carers & Activity Group for
People with Dementia**
Voluntary Action Rutland
Volunteer Centre, Lands' End Way
Oakham, LE15 6RB

4th Wednesday of each month 10.30am – 12pm

27th July, 24th August, 28th September, 26th October, 23rd November,
28th December 2016, 25th January, 22nd February, 22nd March, 2017

For more information contact:
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Charity No 296645
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DAA Dementia
Action Alliance